



**PAUL HARRIS**  
FOUNDER THE ROTARY ORG



Dist. 3141

# RCMMH - NEWS

MAY - 2022-23

# Rotary Club of Mumbai Malabar Hill

Rotary Club of Mumbai Malabar Hill is on facebook.com



Club ID 53820



**Rtn. JENNIFER E. JONES**  
President R.I. (2022-23)



**Rtn. SANDIP AGARWALLA**  
DG 3141 (2022-23)



## AT THE DISTRICT



**Rtn. RAJIV MANIYAR**  
AVENUE CO-CHAIR TRF (SOUTH)



**Rtn. SUBHASH MAJITHIA**  
AVENUE CO-CHAIR  
COMMUNICATION &  
ADMINISTRATION



**Rtn. BHARATI MARFATIA**  
AVENUE CO-CHAIR  
LEGAL : RULES, PROCEDURES,  
CONSTITUTION AND BY-LAWS



**Rtn. BHAVESH MEHTA**  
RCMMH : Secretary (2022-23)

## FROM THE DESK OF PRESIDENT RTN. MAHESH DUHLANI

Dear Fellow Rotarians, Rotary Ann's / Spouses and Friends,

My Dear Brothers & Sisters. Sometimes words just fail you. They are simply inadequate to express the real feelings a person is going through. Today is one such moment in my life. A fantastic journey, once in a lifetime experience has just come to a beautiful end. This exhilarating journey has come to its logical conclusion, a journey full of beautiful & timeless memories.

**June 5th** : The final month of Alpha Year was kick started by our very energetic Helping Hands, this time the flag bearer being Rtn Partner Sonal Thakker. Gopal Gaushala at Bhiwandi, where mother cows are sheltered were provided with protein rich food for their nourishment. A very noble and pious cause. A big round of applause for Sonal Thakker.

**June 10th** : Rural sector students at Palghar were given school books & bags by Rtn Chetan Parikh & Partner Neeta. This project was magnanimously sponsored by Rtn Rajesh Shah & Partner Malti.

**June 11th** : Time for baton to change hands. Incredible President Suresh Dongre & his Board of Directors were installed in a glittering ceremony attended by Chief Guest DG Arun Bhargava & several other district dignitaries & co-presidents from other clubs. The policy of "No Population Control" continued & a fantastic 9 new members were inducted in the club. RCMMH family grows.

**June 14th** : Our monthly Blood Collection Drive netted 35 useful bottles on the World Blood Donation Day.3 Cheers to young volunteers.

**June 24th** : Shukriya, seems to be a very ordinary word. Hardly able to carry the loaded sentiments, built over a period of 365 days. Mementos of Gratitude were given away to Directors & Heads of Committees for their superlative work throughout the year. A special award was given to Manoj Shah recognising his contribution to add to the fun & camaraderie quotient. Hosted at the Poolside Garden feel banquet hall of 5 star Hotel President, a very unique venue. The evening was enjoyed by all present, the live music, fantastic food & exotic drinks were the intoxicants encouraging everyone to hit the dance floor. The finale was rounded off by a surprise gift to celebrate the birthday of ever energetic & helpful Rtn Nilesh Barfiwala.

**June 25th** : Our Club Shukriya was followed by District Shukriya on the very next morning. Our Club's hard work throughout the year was recognised by District 3141 DG with a Gold Award. Many Congratulations to RCMMH Family.

**June 27th** : Once again our large hearted Rtn Mukesh Shah & Partner Jyoti contributed to support the hearing aid kits for 3 small children enabling them to hear the sound of music for the first time. Congratulations Mukesh.

**June 28th** : Respecting the valour of our brave Soldiers our club contributed Rs 1 Lac to Paraplegic Rehabilitation Centre for boarded out Soldiers due to spinal cord injury. RCMMH salutes our brave Soldiers.

**Shukriya Friends, Shukriya RCMMH, Shukriya Rotary**

Warm Regards

Yours in Rotary

**Rtn. MAHESH DUHLANI**

President (2022-23)



**Rtn. MAHESH DUHLANI**  
RCMMH : President (2022-23)



05th July Punit/Krishna Vakil  
10th July Dr. Mayur/Smita Patel



01st July Purnima N. Madhani  
10th July Rajesh C. Shah  
14th July Parag J. Shah  
15th July Sheetal A. Shah  
18th July Sanjay Shah  
30th July Pallavi D. Sanghvi



**Rtn. DILIP SHAH**  
AG 3141 (2022-23)

## E-NEWS EDITOR



**Rtn. PUNIT VAKIL**

## AT THE DISTRICT



**Rtn. NILESH BARFIWALA**  
DISTRICT SECRETARY EVENTS



**Rtn. PUNIT VAKIL**  
AVENUE CHAIR POLIO ERADICATION



**Rtn. SHOBHNA J. BHATIA**  
AVENUE CO-CHAIR  
ADDITION & PREVENTION



**Rtn. KISHORE PANCHOLI**  
RCMMH : Treasurer (2022-23)

## PROJECTS

05th JUNE 2023

A DONATION OF RS 51000.00 WAS GIVEN TO GOPAL GAUSHALA AT BHIWANDI DISTRICT AT ANGAON. COWS RESCUED FROM SLAUGHTER HOUSES ARE SHELTERED HERE. TENDER LOVING CARE IS BEEN TAKEN. HIGH PROTEIN FOOD WILL BE GIVEN TO THE COWS FROM OUR DONATION. INDEED A HUMBLE PROJECT FOR THE UPKEEPING FOR OUR MOTHER COW.

**HELPING HAND JUNE PROJECT CO ORDINATOR PARTNER SONAL THAKKER**



10th JUNE 2023

SCHOOL BAGS AND BOOKS DISTRIBUTED AT ZILLA PARISHAD SCHOOL VIKRAMGADH PALGHAR. PROJECT CARRIED OUT BY RTN CHETAN AND NEETA PARIKH.

**PROJECT SPONSOR RTN RAJESH AND MINAL SHAH**



# PROJECTS

17th JUNE 2023

BOOKS, SCHOOL BAGS & PENCIL BOXES DISTRIBUTED IN 6 SCHOOLS IN PALGHAR.

**RTN CHETAN & NEETA THANK YOU FOR CARRYING IT OUT.**

**RTN RAJESH & MINAL THANK YOU FOR THE GENEROUS DONATION.**

**RTN DIPAN & FALGUNI THANK YOU FOR DONATING THE PENCIL BOXES.**



28th JUNE 2023

DONATED HEARING AIDS TO 3 CHILDREN....  
IT SURE HELPED TO BRING A SMILE ON THEIR FACES.  
PARENTS TOO WERE OVER JOYED.

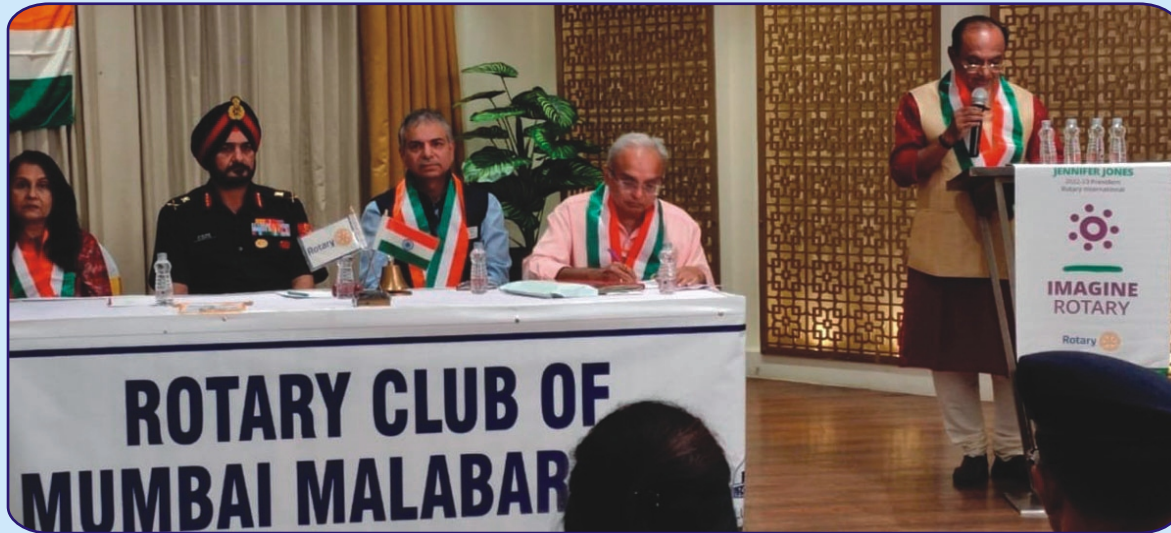
**PROJECT SPONSOR RTN MUKESH AND JYOTI SHAH.**  
**PROJECT EXECUTED IN JUHU BY RTN VIPUL THAKER.**



## PROJECTS

28th JUNE 2023

WE DONATED A SUM OF RS 100000.00 AT PARAPLEGIC REHABILITATION CENTRE KIRKEE, PUNE.  
BENEFICIARIES: INDIAN ARMY, NAVY & AIR FORCE PERSONNEL WHO SUFFER SPINAL CORD INJURY & ARE BOARDED OUT.  
NUMBER OF BENEFICIARIES: INDEFINITE



## SPEAKER MEETING & EVENTS

07th JUNE 2023

PR FOR RCMMH & DIST.3141  
RTN BHARATI MARFATIA EXCHANGED FLAGS WITH PRESIDENT  
RTN. MARTIN OF ROTARY CLUB OF KOWLOON - SECOND OLDEST CLUB IN HK.  
RTN BHARATI OUR CLUB APPRECIATES YOUR EFFORTS CONSISTENTLY.  
YOU SURE MAKE OUR CLUB FAMOUS INTERNATIONALLY.



# SPEAKER MEETING & EVENTS

11th JUNE 2023

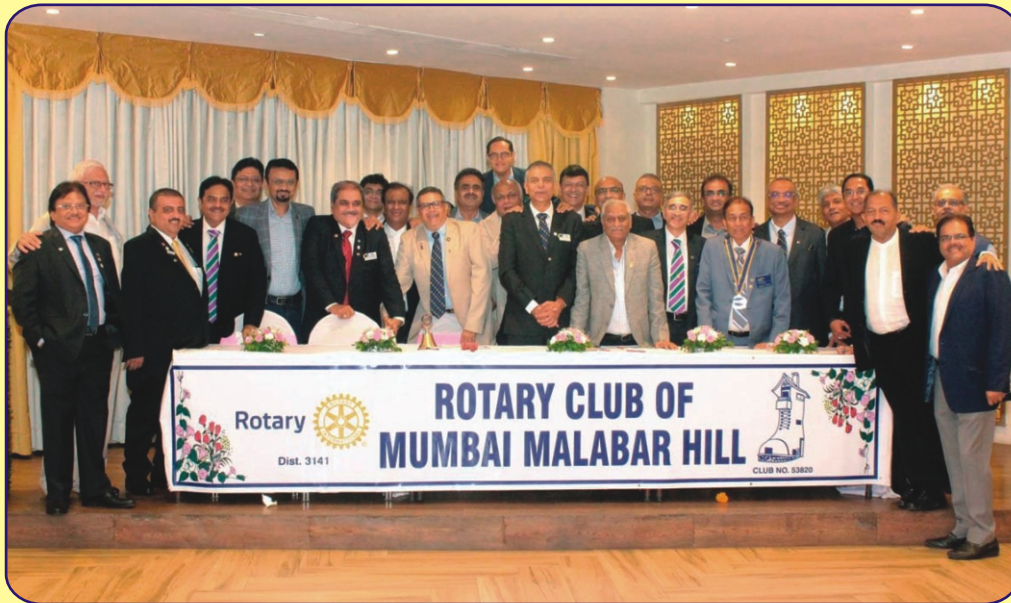
A BIG INCREDIBLE DAY! INSTALLATION CEREMONY OF OUR INCREDIBLE PRESIDENT SURESH DONGRE AND HIS BOARD. A BONANZA OF 9 NEW MEMBER TOO! RCMMH FAMILY GROWS.



# SPEAKER MEETING & EVENTS

11th JUNE 2023

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## SPEAKER MEETING & EVENTS

24th JUNE 2023

A FABULOUS SHUKRIYA NIGHT  
AT HERB HOUSE PRESIDENT HOTEL.  
PRESIDENT MAHESH A BIG SHUKRIYA  
TO YOU TOO FOR A SUPER WONDERFUL  
ROTARY YEAR. YOU ROCK!!



## SPEAKER MEETING & EVENTS

25th JUNE 2023

DISTRICT SHUKRIYA AT JIO CENTRE.  
DG CITATION WON US A GOLD AWARD!  
THANKYOU MAHESH AND TEAM



25th JUNE 2023

HEARTY CONGRATULATIONS TO

**PP PUNIT VAKIL**

(ALPHA AVENUE CHAIR : POLIO ERADICATION)

FOR GENEROUS CONTRIBUTION TO

**POLIOPLUS FUND OF TRF**

TO BECOME END POLIO FELLOW...

Rotary The Foundation

Rotary

IMAGINE ROTARY

Alpha 22-23

Hearty Congratulations to  
**Rtn. PUNIT VAKIL**  
(Alpha Avenue Chair : Polio Eradication)  
for Generous contribution to be  
**END POLIO FELLOW**

Donate USD 1500 or ₹ 1 Lakh to  
**END POLIO NOW**  
Get Certificate, Special Pin & Stole as  
Gift from Dist. PolioPlus Subcommittee Chair

Rotary EPF  
**END POLIO FELLOW**

**COUNTDOWN TO HISTORY**

Rtn. **MANISH GYANI** (Dist. PolioPlus Subcommittee Chair)  
98203 17774 | manishgyani@yahoo.co.in



## EQ VS IQ

### ARTICLE BY RTN. SURESH DONGRE

The term EQ (Emotional Quotient) was used first by Keith Beasley in British "Mensa" magazine in 1987. Peter Salovey & John D. Mayer further used the term in 1990 describing it as "a form of social intelligence that involves the ability to monitor one's own and others' feelings & emotions, to discriminate among them, & to use this information to guide one's thinking and action". It got more popularised in 1995 after publication of psychologist Daniel Goleman's bestselling book Emotional Intelligence: Why It Can Matter More Than IQ.

IQ tests, measure your ability to solve problems, use logic, & grasp or communicate complex ideas. IQ -An intelligence quotient (IQ) is a score derived from one of several standardized tests designed to assess intelligence. It is a ability to learn, understand & apply information to skills, logical reasoning, math skills & filter irrelevant information.

Sometimes a question is asked, "Is book smart (IQ) or street smart (EQ) more important?". Yale University study showed those with high EQ make dramatically better decisions. Emotional Intelligence (EI) is widely recognized as a valuable skill that helps improve communication, overall management, problem-solving & relationships within the workplace. Elon Musk of Tesla, showed that actions speak louder than words. Musk's offer to work alongside factory workers with a goal to better understanding their perspective shows that he genuinely cares. Although Musk was known for working 80-90 hours a week, this exercise build empathy & motivated the disgruntled employees. Similarly, through her unique and unusual display of gratitude, Indra Nooyi known for Pepsi, bonded with her executive team in a heartfelt & deeply personal way that helped her build loyalty and morale among employees.

One of the best examples on the Indian space program is when ISRO (Indian Space Research Organization) lost control of Chandra Yan 2-(Vikram) while landing on Mars in Sep 2019 & mission failed. K Sivan, mission director told media, "When I was emotional, the honourable Prime Minister Narendra Modi hugged me. He understood what was really going on in my mind. He showed leadership. The hug taught me many lessons. It was great thing that the prime minister himself consoled me. That gave all of us big relief & gave us motivation that we should do more. That is the feeling that I had. We are working with more vigour now than we had earlier, to achieve more and more in the space program."

People with EI are people with great teamwork, leadership, successful relations, initiative & collaboration. EI usually make great leaders & team players because of their ability to understand, empathize, and connect with the people around them. Basic ingredients of EI are:

● Identifying emotions ● Evaluating how others feel ● Controlling one's own emotions ● Perceiving how others feel ● Using emotions to facilitate social communication ● Step in the shoes of another person

In some of the schools in United States, social and emotional learning is even a curriculum requirement that teaches qualities like sharing, thinking about others, putting oneself in another person's state, giving individual space & the general principles of cooperation. Other qualities taught are, reduce emotions, bounce back from adverse circumstances, stay proactive, express intimate emotions in close & personal relationships.

One Insurance company discovered that EQ could play a vital role in sales success. Sales agents who ranked lower on emotional intelligence abilities such as empathy, initiative & self-confidence were found to sell policies with an average monthly premium of Rs. 50,000/- whereas Sales Agents who ranked highly on measures of EQ sold policies worth an average monthly premium of Rs.100000. Decades of research now point to emotional intelligence as the critical factor that sets star performers apart from the rest of the pack.

According to Daniel Goleman, an American psychologist who helped to popularize emotional intelligence, there are six key elements to it:

- Self-Awareness: Without being aware of your flaws and feelings, you make poor decisions.
- Self-Regulation: Self-regulation and self-control are crucial in Emotional Intelligence.
- Motivation: As a team leader manager, you need to be aware of what motivates you & the team members.
- Social Skills: Leaders are good communicators. Improving social skills will contribute to your success.
- Relationship Management: Good relationships with Top management, peers & clients would take you to greater heights.
- Empathy: Empathy is understanding other people's emotional makeup.

Advantages of employees with higher EI :

- Employees with higher emotional intelligence work better as a team ● Better workplace environment ● Easier adjustments ● Greater self-awareness ● Greater self-control

Disadvantages of Emotional Intelligence

Although Emotional Intelligence provides many benefits to project leaders, the project leaders may use the EI for manipulating those around them. If you are fully aware of your feelings, you might be good at controlling your emotions & hiding your true feelings. In other words, the EI can be used in a negative manner by the manipulators. For example, a project leader with high EI may mislead project executives, board members, & project sponsors to wrong decisions in order to get approvals that would be declined.

To be an effective leader, you must utilize & balance both intelligence- IQ & EQ. While your IQ helps strategize, it is the EQ that helps focus on being ultra-perceptive of situations, for emotional intelligence to be effective, it has to start with yourself. The business leaders use EQ to their advantage, earning respect within their companies and expanding their business to greater heights. Same is the case with TOP world leaders.

As Dale Carnegie says, "When dealing with people, remember you are not dealing with creatures of logic but creatures of emotions."

